

# **Rajeev Gandhi Govt. Post Graduate College Ambikapur**

Department Of Psychology



POSTGRADUATE PROGRAMME ( M.A.)

IN

PSYCHOLOGY

Choice Based Credit System(CBCS)

&

THREE YEARS UNDERGRADUATE PROGRAMME

IN

B.A. PSYCHOLOGY

*Discipline Specific Course & Discipline Specific Elective Course*

*Psychology integrates cross- cutting issues relevant to Gender Equality, Environment and Sustainability, Human Values and Professional Ethics into the Curriculum.*

*Metrics Support*

*List of Courses in the Curriculum with Description*

*Selective Syllabus relevant to the cross cutting issues*

**RAJEEV GANDHI GOVT. AUTONOMOUS POST GRADUATE  
COLLEGE AMBIKAPUR**

**DEPARTMENT OF PSYCHOLOGY**

*Psychology integrates cross- cutting issues relevant to Gender equality, Environment and Sustainability, Human Values and Ethics into the Curriculum*

| S.n. | Semester                    | Paper                         | Topic/Description  | Name of the course provided by the program which integrates cross cutting issues relevance |                 |                     |                     |        |
|------|-----------------------------|-------------------------------|--|--|-----------------|---------------------|---------------------|--------|
|      |                             |                               |  | Human values   | Gender Equality | Professional Ethics | Env.&Sustainability | Others |
| 1    | B.AIYEAR /B.A.I SEM.CBCS    | Basic Psychological Processes | Goals of Psychology- Student will develop understanding behavior promoting mental health, explaining enhancing wellbeing.  | ✓  |                 |                     |                     |        |
| 2    | B.AIYEAR /B.A.II SEM.CBCS   | Psychopathology               | The concept of normality and abnormality-it help to understand recognize normality and abnormality can rare between cultures, professions and individual it may guide for individuals with in specific fields to uphold standard of conduct and behavior that are considered as acceptable   | ✓  |                 | ✓                   |                     |        |
| 3    | B.AII YEAR/B.A. IIISEM.CBCS | Social Psychology             | Social perception – it refers to how different society may hold varying before or interpretation about what constitutes valueable traits or behavior inhuman .<br>Population Explosion- students will know how raiped populations growth can impact societal values and jender dynamics .<br>Pollution,Mob Behavior- cultural norms and attitude towards gender roll can influence family planing decision.<br>Gender Discrimination and child labour- |  | ✓               | ✓                   | ✓                   |        |

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|   |                                       |                                      | addressing gender discrimination requires a commitment to unholding this values and promoting gender equality in all areas of life.recognize that child labour violates fundamental human right and compromises the well being and development children .  |   |  |   |  |  |
| 4 | B.AII<br>YEAR/B.A.<br>IVSEM.CB<br>CS  | Psychological<br>Assessment          | Psychological Assessment- it helps in ensuring the assessment process adheres to ethical standerd while evaluating psychological constration which include maintaing confidentiality obtaining infrom consent insuring competence in assessment techniques.  |   |  | ✓ |  |  |
| 5 | B.AIII<br>YEAR/B.A.<br>IVSEM.CB<br>CS | Human<br>Development                 | Socialization- Role of family,peers,school,media and socialization.<br>Development of morality- together these socalizing agents contribute to the development of human values including principles of equality ,justice and respect for all individual.Development of gender differences and gender roles | ✓ |  | ✓ |  |  |
| 6 | DSC<br>PSYCHOLO<br>GY-I SEM.          | GENERAL<br>PSYCHOLOGY- I             | Nature, fields and applications of psychology-it helps to know the human behavior and mental process.it also develops to know biological,psychological and environmental factors that influence behaviours.it is applicable in setting such as clinical practice ,education ,health,sports .               | ✓ |  |   |  |  |
| 7 | DSC<br>PSYCHOLOG<br>Y-II SEM          | GENERAL<br>PSYCHOLOGY-II             | Theories of Learningand personality- traits theories of personality might explore how individual differences in traits like openness or conscientiousness impact learning styles or motivation.  | ✓ |  |   |  |  |
| 8 | GE<br>PSYCHOLOG<br>Y-II SEM           | INTRODUCTION<br>OF PSYCHOLOGY<br>-II | Intelligence,Memory Personality- Intelligence can influence how we percue and understand values ,while memory can shape our past experience , personality prioritize and embody certain values in our lives.   | ✓ |  |   |  |  |

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| 9  | SEC<br>PSYCHOLOG<br>Y-II SEM         | PSYCHOLOGICAL<br>COUNSELLING                        | <p>Meaning &amp; goal of Counselling – it helps in exploring the meaning individuals assign to their experiences.</p> <p>Counsellor –Counselee relationship Ethical Consideration in counseling - Counselor helps clients clarify their values understand how they influence their thoughts and action and work toward goals.</p>   | ✓ |  | ✓ |  |  |
| 10 | DSC<br>PSYCHOLOG<br>Y-III SEM        | SOCIAL<br>PSYCHOLOGY                                | <p>Prosocial Behaviour- learn to act of kindness ,cooperation and altruism, individuals contribute to the well being of others and promote positive social dynamics.</p>  | ✓ |  |   |  |  |
| 11 | DSCE<br>PSYCHOL<br>OGY-III<br>SEM    | INDIVIDUAL<br>PSYCHOLOGY                            | <p>Culture, gender and personality- Cultural norms and societal expectations influence how gender roles are defined and perceived</p> <p>Individual with high level of empathy and openness to new experiences may support gender equality.</p> <p>Enhancing individual's potential- By identifying and measuring strengths and weakness and fostering a growth mindset .</p> | ✓ |  | ✓ |  |  |
| 12 | DSC<br>PSYCHOLOG<br>Y-IV SEM         | PSYCHOPATHOLO<br>GY                                 | <p>The concept of Normality and Abnormality –it may guide the individual .</p> <p>Stress Management ,Medico and Psychosocial Therapy- it helps to know the confidentially informed consent , competence, boundaues duty of care in these therapies.</p>   | ✓ |  |   |  |  |
| 13 | DSCE<br>PSYCHOLOG<br>Y-IV SEM        | POSSITIVE<br>PSYCHOLOGY IN<br>DAY TO DAY<br>LIVING  | <p>Lifestyle practices for health and well-being – it helps balance health and happiness guide individual in making chores regulating life style practices.</p>   | ✓ |  |   |  |  |
| 14 | M.A<br>(PSYCHOLO<br>GY) -1ST<br>SEM. | Cognition,<br>Neuroscience,<br>and<br>Consciousness | <p>The biocultural paradigm- This encourages integrating insights from ancient wisdom with modern ethical frameworks to promote personal well being and societal harmony.</p>   | ✓ |  |   |  |  |

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| 15 | M.A<br>(PSYCHOLOGY) -1ST SEM. | COUNSELING PSYCHOLOGY: SKILLS,AREAS AND RELATED DISCIPLINE | <p>Basic Counseling Skills- it creates a supportive and ethical environment for clients to explore their concern and work towards positive change.</p> <p>Counseling related to gender issues-it involves understanding how different cultural perspective influence attitudes and behaviors towards the environment.</p> <p>Cross-cultural counseling- it includes respecting client autonomy,confidently ,beneficences,justice while incorporating culturally relevant techniques such as mindfulness , yoga, meditation within ethical guidelines.</p> | ✓ | ✓ | ✓ |   |  |
| 16 | M.A<br>(PSYCHOLOGY) -1ST SEM. | Adolescence, Adulthood and Aging                           | <p>Gender, self and identity; family and peer relationships; school and work-It promotes values of respect, fairness and empowerment across all levels ,from personal identity development to familiar and peer interaction.</p> <p>Civic duty and citizenship, and positive youth development- By promoting an understanding of civic duty are encouraged to contribute positively to society , advocate for social justice and uphold democratic principal .it cultivates a commitment to ethical behavior and social responsibility among youth.</p>   | ✓ | ✓ | ✓ | ✓ |  |
| 17 | M.A<br>(PSYCHOLOGY) -2ND SEM. | Computer applications in Psychology                        | <p>Computer mediated psychological testing, Virtualpsychotherapy, computer assisted counsellor training- By using technology , researchers and practionar can efficiently gather data on individuals value orientations which can inform interventions , counseling and organizational decision making aimed at promoting ethical behavior and value congruence.</p>  | ✓ |   |   | ✓ |  |
| 18 | M.A                           | Self Psychology  | Self in Psychology –These concerns requires   | ✓ |   |   |   |  |

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|    | (PSYCHOLOGY) -2ND SEM.     | in indian and western thought traditions   | recognizing and respecting diverse perspectives on the self postening cultural sensitivity in research and practice.<br><br>Culture and self- it promotes responsibility within individual encouraging pro environment behavior and personal values.   |   |  |  | ✓ |  |
| 19 | M.A (PSYCHOLOGY) -2ND SEM. | Psychiatric perspective on Disaster Trauma | Mental health needs of disaster survivors from the psychiatric perspective-it recognize the interplay trauma ,human values,psychological resiliencelike safety ,social support, coping mechanism and cultural beliefs to address the holistic well being of surviours.   | ✓ |  |  |   |  |
| 20 | M.A (PSYCHOLOGY) -2ND SEM. | Positive emotions and Health Psychology    | Positive aspects of human existence – The positive aspects serve a foundation for building meaningful connection, personal growth and creating a more just and compassionate society.<br>Positive psychotherapy – it include ensuring confidentiality, competence in delivering positive interventions avoiding harm , maintaining boundares and respectingclients autonomy and dignity. | ✓ |  |  | ✓ |  |
| 21 | M.A (PSYCHOLOGY) -3RD SEM. | Introduction to clinical Psychology        | Employment settings, sub-specializations – it play crucial role in ensuring the well being of clints and maintaining professional standards students know the guideline regarding assessment treatment plan and ongoing evaluation to provide effective and ethical cave to clints.  |   |  |  | ✓ |  |
| 22 | M.A (PSYCHOLOGY) -3RD SEM. | Psychopathology                            | Disorders- classification of mental disorders.   |   |  |  | ✓ |  |
| 23 | M.A (PSYCHOLOGY) -3RD SEM. | Post Disaster Psycho Social Rehabilitation | Psycho-social rehabilitation- It play very important role in well being ,ethics and human values.  | ✓ |  |  |   |  |

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| 24 | M.A<br>(PSYCHOLOGY) -3RD SEM. | Intellectual Property Right -                                | <p>Copyright - A legal framework for intellectual property, combines human values, ethics, and environmental sustainability, promoting creativity, fair use, and balancing creators' rights with public access.</p> <p>Patents - Patents, granting exclusive rights to inventors, influence human values, ethics, and the environment, promoting innovation but also causing ethical disputes and environmental concerns.</p> | ✓ |  | ✓ | ✓ |   |
| 25 | M.A<br>(PSYCHOLOGY) -3RD SEM. | Positive Psychology in Clinical and Community Interventions  | Disability and caregiving forgiveness using group and community interventions – These intervention aim to promote healing resilience and a sense of shared humanity within the community.   | ✓ |  |   |   |   |
| 26 | M.A<br>(PSYCHOLOGY) -4TH SEM. | Psychotherapy  | Becoming a psychotherapist: Training and supervision involves a deep commitment to professional ethics ,integrity and the well being of clients.  |   |  | ✓ |   |   |
| 27 | M.A<br>(PSYCHOLOGY) -4TH SEM. | Neurobiological Assessment and Rehabilitation                | Application of Neuropsychological Assessment- Students knows the need to understand the purpose procedures and potential implication of the assessment as it cognitive functioning and mental health.   |   |  | ✓ |   |   |
| 28 | M.A<br>(PSYCHOLOGY) -4TH SEM. | Disaster Management- Relief, Rehabilitation & Reconstruction | <p>Reconstruction and Rehabilitation as means of Development – It develops empathy and compassion drive support system that provide care and assistance to those in need, fostering a sense of belonging and interconnectedness within communities.</p> <p>Psychosocial support – It provide the holistic well being and dignity of individual and communities social cohesion and a sense of shared humanity.</p>            | ✓ |  |   |   | ✓ |
| 29 | M.A<br>(PSYCHOLOGY)           | Positive Psychology in                                       | Good life-values and choices – It reflects the deeply need human values that shape individual behaviours, relationship and the  |   |  |   |   |   |

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|  | GY) -4TH<br>SEM. | Day-to-Day Living | collective pursuit of a meaningful a fulfilling<br>life. | ✓ |  |  |  |  |  |
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